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## A Glance at the Week

### Monday

6:30 pm Small Group

### Tuesday

7:00 am Men's Discussion (*Zoom*)

## Church Contact Information

*Office Phone:* 651-698-3889

*Office Hours:* Thurs & Fri 1:00-6:00 p.m.

Office Admin ([secretary@randolphheights.org](mailto:secretary@randolphheights.org))

*Session* ([session@randolphheights.org](mailto:session@randolphheights.org))

*For Pastoral Communication, please call Pastor Ken @ 651-592-3320*

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## Looking Ahead

*Sermon on the Mount*

*Jesus and The Law*

*Spiral of Anger*

*Education Weekend (Special Speaker)*

*Keeping Your Word (integrity)*

*Turn Your Cheek*

*More than a Prayer*

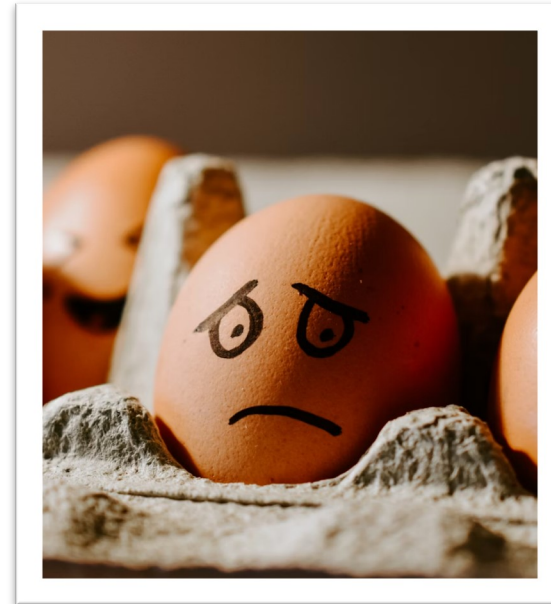
*Treasures*

*Seek the Kingdom*

*New Community*

*The Way*

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## Randolph Heights Presbyterian Church

435 Hamline Ave. South  
Saint Paul, MN 55105

## March 23, 2025

9:30am Discussion

10:30am Worship

[www.randolphheights.org](http://www.randolphheights.org)

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We are glad you're here!

This is a community which strives to worship and serve God together. Within this community, people freely explore their personal questions about God and the Bible. It's together that we can better learn the breadth and depth of the Gospel and how it works out in our lives. Then, through the grace and hope of the gospel, we serve those in need and work together towards a thriving community.

This program is organized under five headings as described below:

**Gathering:** We remember God of Creation. The creator is amazing, perfect, powerful, good and is worthy of our worship and praise. This helps center and prepare our hearts for a time of worship.

**Confession and Renewal** reminds us that this world is not as God originally intended it. We express our grief and sorrow over the brokenness of this world and of our own lives. Our need for grace never goes away, and it is only by faith in Jesus that we can be made right with God. Within these words of renewal we recognize the truth that God's redemption of his people has been accomplished in Jesus.

**Thanksgiving** is our response to the redemptive plan of God. It is also an opportunity to express our thanks tangibly.

**Ministry of the Word** is expressed through reading our scripture passage for the day, listening to the Word preached, and responding with words of prayer from the congregation.

The **Benediction** is a good word to be sent out on.

*We encourage you to spend some time before the service begins and note how it flows. You are also encouraged to take this bulletin with you to use for personal devotional time throughout the week.*

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Scripture Reading Matthew 6:25-34

- 25 “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?
- 28 “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you – you of little
- 31 faith? So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow
- 34 will worry about itself. Each day has enough trouble of its own.

L This is the Word of the Lord.  
A Thanks be to God!

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## BENEDICTION

*God has shown you what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. ~ from Micah 6:8, NIV*

### Life in the Body—Sending Out

L May God the Father, who does not despise the broken spirit,  
give you a contrite heart.  
May Christ, who bore our sins in his body on the tree,  
heal you by his wounds.  
May the Holy Spirit, who leads us into all truth,  
speak to you words of pardon and peace. Amen.

The blessing of God almighty,  
the Father, the Son and the Holy Spirit be upon you,  
and through you with all those to whom he sends your way. Amen.

### Prayer of Commitment

Lord Jesus Christ, there is nothing I can do that would make you love me more, and nothing I have done that makes you love me less. Your presence and approval are all I need for everlasting joy. As you have been to me, so I will be to others. As I pray, I'll measure your compassion by the cross and your power by the resurrection. Amen.

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## Reflect, Resonate, Reevaluate, Respond

*Anxiety is love's greatest killer.*

*~ Anais Nin*

What does your anxiety do? It does not empty to-morrow, brother, of its sorrows; but, ah! it empties to-day of its strength.

*~ Alexander MacLaren, 1826-1910, from Sermons Preached in Union Chapel*

We would worry less if we praised more. Thanksgiving is the enemy of discontent and dissatisfaction. *~ Harry Ironside, 1876-1951, preacher, teacher author*

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When I was sick, I only looked inward. Through healing, I started seeing everyone else. *~ Rebekah Lyons, contemporary speaker & author*

The objects of the present life fill the human eye with a false magnification because of their immediacy. *~ William Wilberforce, 1759-1833, politician, abolitionist*

All artists must learn the art of surviving loss: loss of hope, loss of face, loss of money, loss of self-belief... Artistic losses can be turned into artistic gains and strengths—but not in isolation of the beleaguered artist's brain.... We must acknowledge it and share it. *~ Julia Cameron, 1948- , author, artist, playwright*

Grief does not change you, Hazel. It reveals you. *~ John Green, 1977- , author*

We are living in an age when anxiety is sweeping us further into a polarized, rage-filled world to escape the fears we refuse to name.

*~ Dan B. Allender, PhD, professor of counseling psychology*

Anxiety is the invitation to go thru the path of pain. ... in fact, redemption in essence, is going through the path of suffering and out of it, becoming something better than what we started with. That's the beauty of the Gospel. Becoming something more than before. *~ Curtis Chang, 1968- , theologian, consulting faculty*

How shall my heart be reconciled to its feast of losses?

*~ Stanley Kunitz, 1905-2006, American poet & poet Laureate 1974-76 & 2000*

PRELUDE

Micah 6:6 – With what shall I come before the LORD and bow down before the exalted God?

- L And I heard a loud voice from the throne saying, 'Behold, the dwelling place of God is with humanity. He will dwell with them, and they will be his people, and God himself will be with them as their God.
- A He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.'
- L And he who was seated on the throne said, 'Behold, I am making all things new.'
- A Almighty King, you are sovereign over all your creation. We praise you today for all you do.

Charles Wesley

Mathew Smith



Calm-er of my troub-led heart Bid my un - be-lief de-  
Com - fort me when-e'er I mourn With the hope of Thy re-  
- part Speak and all my sor - rows cease Speak and  
- turn And till I Thy glo - ries see Help -  
all my soul is peace Hal-le - lu - jah, hal - le - lu-  
me be - lieve in Thee  
- jah Hal-le - lu - jah, Hal - le - lu - jah

Pastoral Prayer

- L Almighty God, Father of mercies, we give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life, but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ, for the means of grace, and for the hope of glory.

And we pray, give us such an awareness of your mercies that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days, through Jesus Christ, our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Open Petition

After each petition the Leader will say:

- L Lord in your mercy
- A Hear our prayer. (Response from Congregation)  
~or~
- L Let us Give God Thanks
- A We give You thanks O Lord.
- L Journey with us, holy God, as we continue our way to the cross. Sharpen our focus, that our attention may center more on you than ourselves. Lead us through the shadows of darkness and prepare our hearts, that we might be a people of prayer, ready to perceive and respond to your Son and our Savior, Jesus Christ. In his name we pray. Amen.

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**The Lord's Table** *(Offered 1st Sunday of Month)*

***Invitation to the Table***

- L Congregation of Jesus Christ, the Lord has prepared his table for all who love him and trust in him alone for their salvation. All who are truly sorry for their sins, who sincerely believe in the Lord Jesus as their Savior, and who desire to live in obedience to him as Lord are now invited to come with gladness to the table of the Lord. The gifts of God for the people of God.
- A *We receive this food gladly, believing, as we eat, that Jesus is our lifegiving food and drink and that he will come again to call us to the wedding feast of the Lamb.*
- L Let us give thanks together:

***Prayer of Thanks***

- A *Remembering your mighty acts in Jesus Christ, we take from your creation this bread and this wine and joyfully celebrate his dying and rising, as we await the day of his coming. With thanksgiving we offer our very selves to you to be a living and holy sacrifice dedicated to your service.*

*By His wounds, his wounds, will we be healed  
And for our transgression, His passion, has made us well  
Let us come again, and feed on Him our Lord Emmanuel*

***Words of institution***

- L The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes. 1 Cor 11:23-26,

***Distribution of the Elements***

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**Call to Worship**

- L Praise the Lord  
A *I will give thanks to the Lord with my whole heart in the council of the upright, and in the congregation.*
- L The Lord's works are great, pondered by all those who delight in them.  
A *His work is honor and majesty. His righteousness endures forever.*
- L He has caused his wonderful works to be remembered. The Lord is gracious and merciful.  
A *He has given food to those who fear him. He always remembers his covenant.*

**Prayer of Adoration *(followed by Lord's Prayer)***

- L O LORD, God of Israel, there is no God like you in heaven above or on earth beneath, keeping covenant and steadfast love for your servants who walk before you with all their heart. Blessed be the LORD, who has given rest to his people according to all that he promised; not one word has failed of all his good promise, which he spoke through his servant Moses.
- Now incline our hearts to You, Lord, to walk in Your ways, and to keep Your commandments, Your statutes, and Your ordinances, which You commanded our ancestors. *– 1 Kings 8:23, 56-58, NRSV*

Hear us now, as we pray together, the words Jesus taught his disciples:

- A *Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread, and forgive us our debts,  
as we forgive our debtors. And lead us not into temptation,  
but deliver us from evil. For thine is the kingdom,  
and the power and the glory forever. Amen*

## Begone Unbelief

Kevin Twitt

John Newton

Be - gone un - be - lief, My Sa - vior is  
Though dark be my way, Since he is my  
Why should I com - plain, Of want or dis-  
Since all that I meet will work for my

3  
near, And for my re - lief Will sure - ly ap-  
guide, 'Tis mine to o - bey, and His to pro-  
- tress Temp - ta - tion or pain? He told me no  
good, The bit - ter is sweet, The med - i - cine

5  
- pear: By faith let me wrest - le, with God in the  
- vide; Though cis - terns be bro - ken, And crea - tures all  
less The heirs of sal - va - tion, I know from his  
food; Though pain - ful at pre - sent, will cease be - fore

7  
storm And help me my Sa - vior, the faith to a-  
fail, The word he has spo - ken will sure - ly pre-  
word Through much trib - u - la - tion Must fol - low their  
long, And then, O! how glo - rious, The con - quer - or's

9  
- dorn And help me my Sa - vior, the faith to a - dorn -  
- vail. The word he has spo - ken will sure - ly pre - vail.  
Lord Through much trib - u - la - tion Must fol - low their Lord  
song! And then, O! how glo - rious, The con - quer - or's - song!

\* Refrain after vs. 2 & 4 – Begone unbelief, the savior is here (3x)  
Though cisterns be broken and creatures all fail;  
The word He has spoken will surely prevail (2x)

## Come, Ye Weary

Trad Melody

Joseph Hart

Come, ye wear-y, hea - vy la - den, lost and ru - ined  
Come, ye thirst-y, come, and wel-come, God's free boun-ty  
Let not con - science make you lin - ger, nor of fit - ness  
Lo! th'in-car - nate God, as - cen-ded, pleads the mer - it

4  
by the fall; if you tar - ry till you're bet - ter,  
glor - i - fy; true be - lief and true re - pen - tance,  
fond - ly dream; all the fit - ness He re - quir - eth  
of His blood; ven - ture on Him, ven - ture whol - ly;

7  
you will ne - ver come at all.  
ev - 'ry grace that brings you nigh. I will a-rise and go to Je - sus,  
is to feel your need of Him.  
let no o - ther trust in - trude. I will a-rise and go to Je - sus,

11  
He will em-brace me in His arms; In the arms of my dear Sav-ior,  
He will em-brace me in His arms; In the arms of my dear Sav-ior,

15  
O there are ten thou-sand charms.  
O there are ten thou-sand charms.

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# MINISTRY OF THE WORD

## Preparation

L Lord God, help us turn our hearts to you and hear what you will speak, for you speak peace to your people through Christ, our Lord. Amen.

**Scripture** Matthew 6:25-34 (*Found on Page 15*)  
**Series** Sermon on the Mount  
**Sermon** *Anxiety*

## Response

L You are the God of all hope, we are deeply aware of the world’s grief and pain—and our own. Comfort us, we pray, with the sure knowledge that our Lenten journey culminates in Easter joy.

A *Lord Jesus, we walk with you through the valley of the shadow of death. Let us find our life in you, O Lord. Banished from the Garden of Eden for our rebellion, we long for the garden of Paradise. O Lord, you are the Christ. Remember us in your kingdom. You have the words of eternal life. Amen.*

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# CONFESSION & RENEWAL

L Search me, O God, and know my heart; try me and know my thoughts. See if there is any wicked way in me, and lead me in the way everlasting.  
— *Psalm 139:23-24, NRSV*

Lent is a journey of deepening reflection and renewal, an opportunity to make new commitments in faith. May we walk this journey by setting aside the burdens that would weigh us down.

A *Holy and merciful God, we confess to you and to one another, that we have sinned by our own fault in thought, word, and deed, by what we have done and by what we have left undone.*

*We have not listened to your call to serve as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit. Have mercy on us, O God.*

*We confess to you, our unfaithfulness: the pride, hypocrisy, and impatience in our lives.*

*Our self-indulgent appetites and ways and our exploitation of other people.*

*Our dishonesty in daily life and work.*

*Our negligence in prayer and our failure to commend the faith that is in us.*

*Accept our confession, O God, for the wrongs we have done. For all false judgments, for uncharitable thoughts toward others, and for our prejudice and contempt toward those who differ from us. Hear us, O God, for your mercy is great. Amen.*

## Silent and Personal Confession

## O God of Love, Forever Blest

Isaac Watts

Bruce Benedict

5

8

11

14

O God of love, for - e - ver blest, pit - y my suf - f'ring  
A - las for me, that i so - journ, so long in Me - shech's  
I cried in trou - ble to the Lord, and he has an - swered

state. When will you set my soul at rest  
land; That I have made my dwell - ing where  
me. From ly - ing lips and craft - y tongue,

from lips that love de - ceit? Too long my soul (has made its  
the tents of Ke - dar stand.  
O Lord, my soul set free.

home) with those who lift(who lift) the sword I am for  
peace; (but when I speak,) they make for war.

## Renewal

- L Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not per ish but may have eternal life. – *John 3:14-16*
- A *Thanks be to God!*

## Doxology

- L With thankfulness we give in gratitude and joy. With prayerfulness we give in sacrifice and love. With hopefulness we give in commitment to God.

## Dedication

- A *Lord, we thank you for Your faithfulness.  
Thank you that we can always trust in You.  
You are an abundant God and out of your great kindness  
you have given us so much.  
We give you this offering today, and with it we also give ourselves.  
Use this congregation, for your kingdom and your glory.  
Extend and multiply its reach and influence we pray.  
And may we be a great blessing to many. Amen.*